

Sunrise ESF FAQ

What is an Enhanced Services Facility (ESF)? A state licensed facility similar to Assisted Living Facility or an Adult Family Home, offering a high level of support and assistance to individuals with a range of complex needs including physical disabilities, cognitive impairment and or mental health support needs.

How is an ESF different from Low-Barrier Housing? Low-Barrier Housing allows those who may currently be struggling with addiction and using drugs to obtain housing. In contrast, an ESF is for individuals ready to be discharged into the community from psychiatric hospital, but who need a high level of support and assistance. The ESF would not accept someone to move in who was not actively engaged in treatment for addiction issues if any exist.

What kind of people are served at an ESF? Individuals who benefit from a high level of support and assistance provided by caregivers, in addition to those who would benefit from an onsite care from a nurse and mental health professional ; Persons from our North Puget Sound area, who have some health concerns and/or disabilities with a past history of placement at Western State Hospital. Adults with a wide range of disabilities and needs may be served by the ESF.

Who will operate the ESF? Sunrise Services will be operating the ESF. For over 40 years, Sunrise has provided care to the most vulnerable in our Everett community.

How will the ESF be run? The residents will be provided with 24/7 support by a skilled staff team who will be led by an onsite Administrator. The ESF will partner with DSHS and other community providers to ensure the needs of the residents are met, assisting each individual to be successful in the community.

How will the ESF be staffed? The facility will be staffed 24/7 with a nurse and caregivers. In addition, a mental health professional will be onsite daily. Staff working in the facility will also receive night support from the Administrator, a Registered Nurse and a mental health professional who are all 'on call' to assist residents and staff as needed.

What about safety and security for the community? The ESF will have multiple staff members present 24 hours a day, 7 days a week to guide and coach residents through individualized positive behavior support plans. While out in the community, residents may be also be assisted by friends, family, or Sunrise staff.

What oversight is provided by Washington State? Residents will have a DSHS Home and Community Services case manager who is part of the 'person centered planning team' for each resident, together with each resident's mental health provider and facility care staff. The ESF will have to comply with all laws and DSHS policies including being a licensed facility, having annual inspections, and all other license requirements.

Are there similar facilities already located in my community? Yes. Everett has nearly 100 Adult Family Homes providing support to individuals with a range of physical, mental health and cognitive disabilities. Adult Family Homes hold a maximum of six residents, whereas the ESF will assist 16 individuals to have a new home in the community which meets their support needs enabling them to be discharged from hospital. Sunrise has over 40 years of experience assisting individuals with support

needs to live in supervised community settings rather than in institutions. Sunrise has three Adult Family Homes and supports over 100 individuals as part of their Supported Living Program, as well as assisting over 400 individuals to remain safe in their own homes through providing Home Care Services.

How long will residents of the ESF live there? Like in an Assisted Living Facility or Adult Family Home, many residents will regard the ESF as their permanent home.

Will residents of the ESF have vehicles? No, residents will likely not have personal vehicles. Based on the assessed health and safety needs of individuals, ESF residents may be provided transportation by Sunrise Services, Paratransit, or use public transportation.

Can the residents have visitors? Yes, this is their home and like anyone in their own home, they may have friends and family visit.

Can the residents use drugs and alcohol while residing at the facility? No, illegal drugs and alcohol are not permitted at the facility.

Whom can I contact if I have questions or concerns about the ESF or its residents? Once the ESF is operation, you can contact the 24/7 staff at the facility. Until then, you may contact Sunrise Services at 425-212-4253.